

```
graph TD; Outcome((OUTCOME:  
End of  
PN Coaching)) --> ThisMonth((This month  
I will:)); ThisMonth --> ThisWeek((This week  
I will:)); ThisWeek --> Today((Today  
I will:));
```

**OUTCOME:**  
End of  
PN Coaching

**This month**  
I will:

**This week**  
I will:

**Today**  
I will: